



FOR MORE INFORMATION: ALCOHOL

WEBSITES

Al-Anon Family Group Headquarters
1-888-425-2666
www.al-anon.alateen.org

AlcoholScreening.org
www.alcoholscreening.org

Alcoholic Anonymous (AA) World Services
1-212-870-3400
www.aa.org

KNOW! (Empowering Communities to Raise Their Children to be Substance-Free)
1-614-540-9985
www.drugfreeactionalliance.org/know

The Century Council
www.b4udrink.org

National Council on Alcoholism and Drug Dependence (NCADD)
1-212-269-7797
www.ncadd.org
[www.ncadd.org/learn-about-alcohol/alcohol-abuse-self-test_\(self-test\)](http://www.ncadd.org/learn-about-alcohol/alcohol-abuse-self-test_(self-test))

National Drug and Treatment Referral Routing Service
1-800-780-2294
www.freerehabcenters.org

National Institute on Alcohol Abuse and Alcoholism
1-301-443-3860
www.niaaa.nih.gov

Rethinking Drinking
www.rethinking.niaaa.nih.gov

Start Talking: Building a Drug-Free Future
www.starttalkingohio.ohio.gov

BOOKS & ARTICLES

Alcoholics Anonymous (The Big Book), Alcoholics Anonymous World Services, Inc., New York, NY, 4th edition, 2002

Drugs, Brains, and Behavior: The Science of Addiction
www.drugabuse.gov/sites/default/files/sciofadddiction.pdf

I'll Quit Tomorrow
Johnson, Vernon, Harper and Row
New York, NY, revised edition, 1990

Loosening the Grip
Kinney, Jean
McGraw- Haw Humanities, 11th edition, 2014

Under the Influence: A Guide to the Myths And Realities of Alcoholism
Milam, James and Katherine Ketcham,
Bantam books, New York, NY, 1984